

Suicide Facts



78% of people who die by suicide are men



Suicide rates for men are **highest among those ages 75+**



For every death by suicide, **there are over 25 suicide attempts**

Suicide can be prevented.

Learn the warning signs and reach out and help those with suicidal thoughts and feelings.

**National Suicide Prevention Lifeline
800-273-8255**



NEW DIRECTIONS[®]

ndbh.com/suicide

Sources: NAMI, NIMH, CDC, MHA